

Lafayette Hiking Group Spring 2018

We form carpools to the trailhead. Bring snacks, water, layered clothing, good walking shoes, sun protection and money to contribute toward gas (\$3 local).

Wednesday, April 11, Peregrine Falcons in Castle Rock Park

An RSVP is required for this hike, please respond to LafayetteHiking@comcast.net by Mon. 4/9

Meet in the parking lot at the corner of Pleasant Hill Road and Olympic Blvd. at 8:30 a.m. to carpool, or at the trailhead listed below at 9.

Free parking. Heavy rain cancels. Dress in layers. Hiking poles and boots are recommended for creek crossings. Bring appropriate snacks and plenty of water. Binoculars are a great help in seeing the Peregrines, as the distances can be significant.

*** Meeting Place: Diablo Foothills Regional Park, 1700 Castle Rock Road, Walnut Creek 94598. This is where Castle Rock Road dead-ends into the park. The small parking lot there should contain enough spots for us, but there is also an overflow lot about 1/4 mile north on Castle Rock Road. ***

Peregrine Hike

In 1950, Peregrine Falcons disappeared from the cliffs of Castle Rock Park (aka Diablo Foothills Regional Park, in Walnut Creek) after living and nesting there for millennia, victims of DDT, along with all but one other nesting pair in the whole of California. The birds were re-introduced to Castle Rock in 1989 and have done well there, but now have to compete with almost 100,000 visitors a year in this small, lovely canyon, many of whom head straight up into the rocks where the birds nest. Come learn about these apex predators, the fastest animals on Earth, and among the most beautiful, along with the rich habitat of Pine Canyon that supports them.

Distance: 3-4 miles at a very moderate pace with some uphill climbs.

Leader: Anastasia Hobbet

Questions: LafayetteHiking@comcast.net